



Affiliated to:- Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE
Recognized by: Olympic Council of Asia, Kuwait

Date: 25 April 2012

To,
The Press Editor

Sub.: **A. Bobby Singh** of Assam, Overall Champion at 5th Senior National Body Building Championship 2012 & **Soniya Mitra** of West Bengal was declared as the 1st Miss India Fitness Physique Champion

Karnataka State Body Building And Fitness Association under the patronage of Indian Body Builders Federation had organised the most prestigious Body Building Championship of the year 5th Senior National Body Building Championship 2012, at Bidar, Karnataka on & from 20th to 22nd April 2012. The said championship was initiated under the leadership and guidance of **Mr. Bettagauda (President – KBBA) & Mr. Chandran (Secretary – KBBA)**, **Mr. Tanveer Ahmed Khan**.

A. Bobby Singh of Assam was declared the Overall Champion who was awarded with Rs.300000/- and a Maruti Alto car. **Sangram Chaugule** of Maharashtra was awarded with Best Poser. Uttar Pradesh was the Team Champion and Kerala was declared as the Runner up. 269 body builders participated from 29 affiliated state units and boards.

Soniya Mitra of West Bengal was declared as the 1st Miss India Fitness Physique Champion. **Amrita Mondal** of West Bengal was the Silver Medalist and **Karuna Swami** of Maharashtra bagged the Bronze Medal.

The championship was blessed with the presence of **Datul Paul Chua**, Secretary General Asian Body Building and Physique Sports Federation and World Body Building and Physique Sports Federation and **Miss Christina Y. Kam**, Chairman – Judges Committee (Asian Body Building and Physique Sports Federation) and Assistant Secretary (World Body Building and Physique Sports Federation). Film Star **Rahul Bhat** was the star attraction of the championship. The fitness lovers of more than 30,000 witnessed the championship.

Indian Body Builders Federation's President **Mr. Pradeep (Baba) Madhok**, Lifetime President **Mr. Premchand Degra** (Padmashree, Arjun Awardee, Mr. Universe), Executive Vice President **Mr. Amit Swami**, Executive Director **Mr. Mahesh Chaudhary**, General secretary **Mr. Chetan Pathare**, Treasurer **Mr. Swamy Ramesh** and Arjun Awardee **Mr. T. V. Paulley**, Raliways Coach **Mr. Balbeer Singh** worked hard to make this event a grand success along with entire executive committee of the Federation.

Thanking you.

For Indian Body Builders Federation

Mr. Pradeep (Baba) Madhok
President

Mr. Chetan M. Pathare
Hon. Gen. Secretary

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5TH SENIOR NATIONAL BODY BUILDING CHAMPIONSHIP 2012, BIDAR, KARNATAKA

RESULT

55 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	SURAJ R . K.	KERALA	55	5
2	GAJANAN BELGAONKAR	KARNATAKA	52.6	14
3	RAJU YADAV	TELANGANA	55	26
4	HONEY KUMAR	PUNJAB	55	16
5	SUBRATA SANTRA	ORDANANCE	55	29

60 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	MD. ILIYAS	UTTAR PRADESH	59	77
2	KISHAN BISHT	CHANDIGARH	59.9	68
3	LIZITH	KERALA	57.5	58
4	RAJESH M K	KERALA	58.8	63
5	BALAL KHAN	ORISSA	59.7	54

65 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	NAMDEV MORE	GUJRAT	64	96
2	SURAJIT KAR	KARNATAKA	64.2	102
3	PETER JOSEPH	KERALA	65	123
4	RAMVEER	DELHI	65	94
5	U V BABU	KERALA	65	103

70 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	JAGJEET SINGH	DELHI	70	164
2	RAMESH KUMAR	PUNJAB	70	239
3	SHAIKH IMPTIYAZ	MAHARASHTRA	70	147
4	INDER KUMAR	HARYANA	69.6	142
5	CHANDAN DAS	JHARKHAND	69.2	151

75 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	N SARBO SINGH	JARKHANT	72.8	197
2	H. KRISHNAMURTHY	KARNATAKA	74.9	216
3	RATHEESH K S	KERALA	74.4	208
4	M DURGAPRASAD	KARNATAKA	73.5	218
5	SHIBAVRATA DASGUPTA	ORDINANCE	75	222

80 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	A BOBY SINGH	ASSAM	78.4	234
2	SHYAMVIR TALIYAN	UTTAR PRADESH	78.8	248
3	IYAS K P	KERALA	77.3	243
4	ANIL W.S.	KERALA	76.8	229
5	DHANESH KUMAR K	KERALA	75,3	255

85 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	VIJAY BAHADUR	UTTAR PRADESH	83,7	279
2	RAHUL BIST	UTTAR AKAHND	85	291
3	AVANISH SHARMA	UTTAR PRADESH	82,8	285
4	VIJAY KUMAR	TELANGANA	80,8	282
5	ASHIQUE	KERALA	82,9	292

90 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	SANGARAM CHOUGULE	MAHARASHTRA	87,5	311
2	NADEEM AHMED	UTTAR PRADESH	88.8	304
3	WAHED ALI	UTTAR PRADESH	86,7	312
4	ANUJ KUMAR	KARNATAKA	85,6	309
5	ASLAM MALIK	DELHI	87,1	306

90 Kg to 100 Kg

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	PREETHAM CHOUGULE	KARNATAKA	90,1	256
2	VIKRAM	HARYANA	90,8	328
3	JAVED ALI KHAN	UTTAR PRADESH	95,6	330
4	SATISH M R	KERALA	90,3	332
5	BALWINDER KUMAR	PUNJAB	90,6	336

100 Kg Above

Place	Name Of Competitors	Unit	Wt.	Trunk No.
1	SHYAM SHARMA	JHARKHAND	100,2	458
2	CHANDARPAL SHARMA	UTTAR PRADESH	101	461
3	ASHISH UPADHYA	UTTAR PRADESH	100,2	456
4	RAVINDRA CHAUDHRY	UTTAR PRADESH	101,1	460
5	P BENNIMAN	TAMIL NADU	101,1	459

1ST Miss India Fitness Physique Championship 2012
20-22 April 2012 – Bidar, Karnataka

Place	Name Of Competitors	Unit	Mobile No.	Trunk No.
1	SONIYA MITRA	WEST BENGAL	08697585493	1
2	AMRITA MONDAL	WEST BENGAL	08017067772	11
3	KARUNA SWAMI	MAHARSHTRA		6
4	RUBINA REHMAN	ASSAM	0995409376	4
5	KONICA DAS	WEST BENGAL	09433979417	8